

NCIE FITNESS HOLIDAY TIMETABLE

Thursday 24 Dec	OPEN 6am-7pm Morning Classes Only
Christmas Day	CLOSED
Boxing Day	CLOSED
Sunday 27 Dec	OPEN 10am-6pm 10:15am Spin - Erin 11:30am Yoga - Konstantin
Monday 28 Dec	OPEN 8am-6pm 12pm Cross45 - Lacinda
Tuesday 29 Dec	OPEN 8am-6pm 10:30am YAH Aqua - John 12pm HIIT - Danny
Wednesday 30 Dec	OPEN 8am-6:30pm 9:30am Sisters & Aunties - Mikayla 12pm Cross45 - Lacinda
Thursday 31 Dec	OPEN 8am-6pm 9:30am Pilates - Federica 10:30am YAH Aqua - Valeria
New Year's Day	CLOSED
Saturday 2 Jan	OPEN 8am-6pm 8:15am Cross60 - Eden 9:45am Pilates - Saki
Sunday 3 Jan	OPEN 10am-6pm 10:15am Spin - Erin 11:30am Yoga - Konstantin

